



RONAVIRUS (COVID-19) and Informal Markets (Street Vendors)

COVID-19 is a respiratory illness caused by a virus that can be spread easily from an infected person to any person with whom they had close contact with. The symptoms can be mild similar to the common cold, or more severe like pneumonia. All sections of society including businesses, self-employed persons and employers must play a role to stop the spread of this disease.

TRANSMISSION



- ▶▶ Person-to-person **contact** or touching contaminated surfaces
- ▶▶ Likely spread via respiratory **droplets** within a distance of two meters (1-2m) when talking, coughing and sneezing
- ▶▶ Estimated incubation period is between 2-14 days

SYMPTOMS FOR A SUSPECTED COVID-19 CASE

(WITH OR WITHOUT OTHER SYMPTOMS; NICD CASE DEFINITION 18 MAY 2020)



COUGH



SHORTNESS OF BREATH



SORE THROAT



LOSS OF SENSE OF SMELL



DISTORTION OF SENSE OF TASTE

HOW IS COVID-19 DIAGNOSED?

If your nurse or doctor suspects you may have COVID-19, then a laboratory test would be required.

The National Institute for Communicable Diseases' webpage (www.nicd.ac.za) provides detailed information and guidelines with regards to whom should be tested, and the process to get tested.

Toll free public number: 0800 029 999

Protect yourself and loved ones from coronavirus.

Wash your **hands** regularly with **soap** and **water** or use an **alcohol-based** hand rub.

Cover your mouth and nose while **sneezing** or **coughing**.

Avoid close contact with anyone who has a cold or flu-like symptoms.

If you have fever, cough and difficulty breathing, **seek medical care early**.



WHAT IF THERE IS CONFIRMED CASES AT THE MARKET PLACE?

- ▶▶ Immediately inform environmental health practitioners in your area to determine the course of action, or call the hotline number: 0800 029 999.
- ▶▶ Cooperate with the contact tracing officers. They will assess who has to be placed in isolation or under quarantine.
- ▶▶ Inform co-workers of their possible exposure to COVID-19 but maintain confidentiality.
- ▶▶ Immediately vacate and cordon off the area where the confirmed case worked where applicable.
- ▶▶ Carry out thorough cleaning and disinfection of all surfaces and equipment.

C VID-19 AND INFORMAL MARKETS (STREET VENDORS)

STREET VENDORS SHOULD:

Every person, including vendors, employees and customers must wear a cloth mask / cloth covering over their mouth and nose when in a public place such as the market place.



Clean and wipe all surfaces and equipment at your stall / cubicle with household disinfectant before you start selling every day, regularly during the day, and before you leave.



Wash your hands with soap and water or use alcohol-based hand sanitizer:

- Before you put on a mask, and after you removed a mask
- Before, during and after preparing or handling food
- After you used ablution facilities
- After blowing your nose, sneezing or coughing
- After handling animals or animal products
- Before you eat.



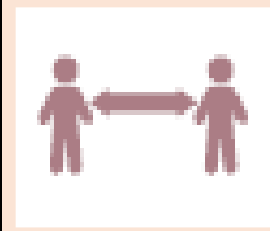
DO NOT greet people with handshakes, hugs or kisses.
Use non-contact forms of greeting from a distance of at least 1.5 meters.



Stay at home when you feel sick, except to get medical care.
Vulnerable workers (older than 60 years, immunocompromised, with chronic illnesses, especially if it not well controlled, etc.) should remain at home as far as possible.



Co-workers must keep 1.5 meters apart from each other where possible, or use physical barriers.



Customers must stand at least 1.5 meter away from vendors during purchasing.

Customers must not touch or handle items that they are not going to purchase.

Official resource and news portal: www.sacoronavirus.co.za or WhatsApp "Hi" to 0600 123 456

<h1>COVID-19</h1>	<p>COVID-19 Workplace Preparedness & Prevention HEALTHY, SAFE & SUSTAINABLE WORKPLACES Workplace Hotline: 0800 2121 75 www.nioh.ac.za info@nioh.ac.za twitter: @nioh_sa</p>	 <p>NATIONAL HEALTH LABORATORY SERVICE</p>
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